

Webinar on

# California Meal and Rest Breaks: What You Don't Know Can Cost You

### **Learning Objectives**

- Effect of the California Supreme Court decision of Brinker Restaurant
  Corporation v. Supervisor Court on meal and rest periods
- Specific sections of the California Labor
  Code and the California Wage Order,
  both of which establish the requirements
  for meal breaks
- Waivers and on-duty meal periods
- Rest periods
- On-call rest periods
- Best practices for complying with the law



By attending this training, employers and their leaders will have a working knowledge of California meal and break period requirements and help their companies to be compliant under the law.

#### **PRESENTED BY:**

Melveen Stevenson is the CEO and founder of M.S.Elemental, LLC, a human resources advisory and training firm based in Los Angeles, California. As a certified HR professional with a background in accounting and finance, she helps companies to navigate the human resources "jungle" of compliance, human capital, and leadership challenges. In doing so, she empowers companies to strengthen their infrastructure from the inside out, specifically through leadership development, operations, training, employee engagement, and executive coaching.

**On-Demand Webinar** 

**Duration: 60 Minutes** 

Price: \$200

#### **Webinar Description**

This course is designed to provide you with a practical foundation for understanding the law. It includes guidelines for how to properly create and administer your own meal and rest period policy. Or, if your company already has its own policy, then this information can help you to review your existing policy as well as the procedures and practices in "real life" daily operations.

By the end of the course, you will be informed about the laws so that you will be better equipped to assist your company in being California-compliant with meal and rest periods.

California statutes pertaining to meal and rest periods for nonexempt employees are one of the more confusing topics in today's business environment.



#### **Who Should Attend?**

Leaders (executive, vice-president, director, manager) and supervisors of hourly-paid employees based in California

Human resources leaders and professionals (all levels) with California responsibilities

Functional areas: Finance, Accounting, Operations, Human Resources, Quality, Sales (Inside Sales), Marketing, Engineering, Sanitation





## Why Should Attend?

Meal and rest breaks laws continue to confound California employers with hourly-paid employees. Without a solid understanding of these specific requirements, your policies and procedures for your non-exempt employees can pose a substantial financial risk to your business.

Employers, managers, supervisors, and human resources professionals should have a sound understanding of these laws so that they can communicate the legal requirements to their hourly-paid employees. As well, they need to be well-versed so that they can provide non-exempt employees with the opportunities to take their entitled meal and rest periods.

By attending this training, employers and their leaders will have a working knowledge of California meal and break period requirements and help their companies to be compliant under the law.





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